

# RETREAT & CONFERENCE PLANNING GUIDE

# **YMCA Camp Willson**



# Welcome

Thank you for choosing YMCA Camp Willson for your retreat. We are honored to have you stay with us and look forward to the opportunity to make your visit memorable. We designed this guide to help us work together to prepare for a successful event. It contains valuable information about YMCA Camp Willson facilities, services and activities, and forms you must complete before your stay.

# Planning

Use this section to consider your group's specific needs.

# Information

Find essential information about YMCA Camp Willson that you must review thoroughly. Please share the information in this guide with your group before your arrival. We invite you to duplicate any materials you find helpful.

# Forms

Please read each form carefully to ensure that you complete all the required paperwork for your group's unique stay. Your host may submit some forms to best accommodate your group's requests. You may fill out these forms on our website:

- <u>ymcacampwillson.org/programs/health-history-form</u>
- ymcacampwillson.org/programs/horseback-riding-activity-waiver

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Check out the facilities around our camp.

We are partners in your event and want to ensure you feel at ease. Upon the camp's receipt of your Contract, we will contact you to confirm your basic schedule, including activities, equipment needs and special meals.

Our work requires us to be out of the office often, so email is the best way to contact us with any questions or to set up a time for a phone call.

Thank you for taking the time to review this information. We are confident you'll have a memorable camping experience at YMCA Camp Willson and look forward to serving you!

In the spirit of Camp,

The Camp Willson staff

# Contents

# Planning

Availability					
Payment and Cancellations					
Rates					
Camp Pricing					
Jpon Making A Reservation	4				
Thirty (30) Days Before Arrival					
Fourteen (14) Days Before Arrival					
Jpon Arrival					
Building Your Schedule	5				
Health & Safety	6				
Food Services	7				
Special Food Requests					
_odging Spaces	8				
Meeting Spaces	9				
Programmed Activities	10				
Recreational Activities	11				
Information					
Arrival Guidelines	12				
Departure Guidelines					
What to Bring to Camp	13				
Emergency Information					
Camp Terms of Group Rental	14				
Forms					
YMCA Camp Willson Equine (Horseback Riding) Activity Waiver/Release	17				
Health History for Schools, Groups and Adults at YMCA Camp Willson	18				

# Planning

# **Availability**

Lodging, meeting spaces and programmed activities fill up quickly. We encourage you to make early reservations to acquire your preferred time of year and group needs. You may reserve accommodations up to one year in advance.

YMCA Camp Willson offers the opportunity to use the camp property and facilities exclusively when scheduling allows. We define exclusive use as one group being the only overnight event at camp on particular dates. We do not imply exclusive camp use unless specified in the group's contract.

# **Payment and Cancellations**

A 20% nonrefundable deposit is due at the time of the contract. The deposit reflects the number of participants and any additional costs related to activities.

Please report your final participant count 14 days before your scheduled arrival. Payment adjustments for actual attendance and YMCA Camp Willson-staffed programs are due upon checking out.

If your group needs to cancel their stay, please let us know within 14 days of your scheduled arrival date so we may adjust staffing assignments.

# Rates

Your contract states rates for lodging accommodations, meeting spaces, camp's programmed activities, and food services. You can add \$5 per person to support our Summer Campership Funds, which ensure children have the opportunity to attend camp.

# **Camp Pricing**

Prices include camp activities. Please let us know if you want to add \$5 per person to support our Campership fund. This fund ensures that every child can experience the magic of camp. Please contact your camp host for pricing information for programs lasting longer than two nights.

# of Nights	# of Meals	Individual Rate	Parent/ Child Rate*
2	6	\$121	\$150
2	5	\$92	\$130
2	4	\$88	\$115
1	4	\$68	\$90
1	3	\$65	\$90
1	2	\$60	\$90
1	1	\$55	\$90
2	0	\$60	
1	0	\$40	

\*Parent/ Child rate: 1 parent and 1 child. Additional Children in Parent/ Child rate are \$40 per child.

# **Upon Making A Reservation**

- You will receive a contract via e-mail. Please review, sign and send back within 14 days.
- Distribute Activity release forms to all participants and caregivers of all minors under the age of 18. You can find these at the end of this document.

# Thirty (30) Days Before Arrival

- Confirm with your YMCA Camp Willson Host the following information
  - YMCA Camp Willson staffed activities
  - Special dietary request
  - Special meeting spaces, if needed
  - Submit your group's itinerary or agenda to camp, or request your YMCA Camp Willson contact to create a schedule for you.

# Fourteen (14) Days Before Arrival

- Contact your YMCA Camp Willson Host to provide final attendance numbers, additional food service requests and any cabin assignments your group may have.
- This is the drop date and final deadline to cancel your group's reservation.

# **Upon Arrival**

- Luggage
  - As part of our Bed Bug Prevention policy, all guests to YMCA Camp Willson must stop at the lower lot and drop off all heatable luggage with a staff member. Heatable luggage includes all fabric items you could run through a washer and dryer in your home. These items include but are not limited to:
    - Sheets/ Blankets
    - Pillows/ Stuffed animals
    - Towels
    - Clothing
  - If your group arrives at the same time, we will immediately take your luggage to our heaters. This process takes approximately 30 minutes, and afterward, we'll deliver your luggage to your cabins.
  - For groups arriving at scattered intervals, luggage will be run to our heater approximately every 30 minutes, depending on the number of guests entering camp. Luggage will be delivered to your cabins as they finish heating.
- After dropping off your luggage to be heated, guests can drive to their cabins to drop off any non-heatable luggage they may have with them.
- For safety reasons, after guests drop off all personal items, we ask that they move their cars to our upper parking lot (near the Dining Hall) or Lower parking lot (where luggage was dropped off). YMCA Camp Willson is not responsible for any damage to personal vehicles or buildings caused by parking near our cabins.

## **Building Your Schedule**

The best first step in planning your visit is creating a schedule. A well-planned agenda will help ensure an enjoyable stay for your group. We are happy to assist you if you want help with sample program schedules or building your unique adventure. Please review the options available to your group and confirm your schedule with the Camp Willson Host.

- Establish your arrival and departure times; refer to page 13 for Camp Willson's arrival and departure guidelines. Please communicate these times with all participants to avoid conflicts with other groups. Establishing firm arrival and departure times during your reservation will ensure that your cabin is clean, ready for your arrival and similarly prepared for the group that follows you. Check-in and out times are dependent on existing group reservations. If cabin move-in and out times differ from your arrival and departure times, your contract will include specific notations. You may arrive at camp before cabin check-in and stay after your cabin check-out. Your Camp Willson Host can work with you on arrangements for luggage storage.
- Build meal times into your schedule. Meals at camp are typically served at 8:00 a.m., 12:00 p.m. and 6:00 p.m. unless otherwise discussed with your Camp Willson Host. The camp's food services staff can ensure your group will receive plenty of hot and wholesome food when you arrive on time for meals. Depending on group numbers and ages, most groups require approximately 45 minutes to eat. Please review page 8 for more information regarding meals and menus.
- Identify times and spaces for events, meetings or special programs. Meeting spaces must be secured and listed on your contract. For options on indoor and outdoor spaces, please refer to pages 9 and 10.
- Determine preferences for programmed activities, open recreation and relaxation. You must secure trained staff in advance for activities that require them. We will include those in your contract. Pages 11 and 12 detail the options for all recreation opportunities at camp.
- As you create your schedule, allow sufficient transition time between meals, meetings, recreational and programmed activities and other events. Ten minutes is a recommended minimum, but 15 minutes is typical although some groups may need more time. Transitions make an event enjoyable by allowing group members time to take care of personal needs, converse casually or grab a cup of coffee or hot chocolate.

Please finalize your group's schedule with your camp Host at least 30 days before arrival. Including a copy of your schedule when submitting the required paperwork is helpful.

# **Health & Safety**

- Collect and create a list of the following information for all your group members:
  - Name, age and resident address
  - Emergency contact names and phone numbers
  - Any known allergies or medical conditions that may require treatment, restriction or accommodation while at camp
  - For minors without a parent on site, a signed form with permission to seek emergency treatment or a signed religious waiver
- Consult your group to determine and arrange for any special needs they have:
  - Restricted diets (allergies, vegan, diabetic, dairy-free, gluten-free, etc.) We will offer a vegetarian option at every meal; however, an exact count will aid us in preparing to meet everyone's nutritional needs. We can accommodate most dietary restrictions with at least two weeks' advance notice.
  - Limited mobility. Most camp facilities are barrier-free, although the trails are covered with a moderate layer of nature. Consult your host about the free use of the camp's trail-appropriate wheelchairs or other suggestions for accommodations for persons with limited mobility.
  - First aid care, supplies, and storage of medicine. The camp does not provide first aid supplies, over-the-counter medication, health care staff or equipment (except an AED). The group leaders are responsible for the secured storage and distribution of participant medications. The camp requires that you have an adult certified in First Aid and CPR to administer care as needed.
- Make a plan for mmergency transportation.
  - In a non-life-threatening medical emergency, your group is responsible for transportation to a medical facility. We recommend you designate a car and driver before arrival. Camp staff will provide you with contact information and directions to nearby facilities.
- If your group includes minors (under the age of 18), please note the following:
  - Two adults are a minimum leadership requirement for youth groups. All leadership must be at least 18 years old, with the group leader being at least 21 years old. The User is responsible for the total supervision of all group members at all times.
  - An adult parent or guardian, group leader or chaperone must supervise minors at all times during their stay at Camp Willson.
  - Group leaders and chaperones must be prepared to handle all emergencies and/or disciplinary issues.

## **Food Services**

YMCA Camp Wilson's food service staff prepares appetizing and well-rounded meals. We serve meals buffet style and, on occasion, family style, depending on the nature and size of your group. We serve all meals in the Pettigrew Lodge, and you can expect to share this dining space with other groups in the camp. We reserve adequate space for your group, so please sit at designated tables to ensure enough seating.

Hot beverages, such as coffee, tea and hot chocolate, are available all day in Pettigrew Lodge.

# **Special Food Requests**

We require at least two week's notice to accommodate special dietary needs. Please report the number of people in your group with dietary needs such as Vegetarians, Vegans, Dairy-free, and Gluten-free. Please report any other food allergies or concerns that our Food Services staff should know.

#### **Breakfast**

Each breakfast served includes cold cereal options, assorted flavors of instant oatmeal, pop tarts/cereal bars, milk/soymilk and fruit juice, fruit bars and hot food options.

#### Lunch

All lunches include a full salad bar or assorted chilled salads, juice, ice water, lemonade, and hot food options.

#### Dinner

Each dinner includes a full salad bar or assorted chilled salads, juice, ice water, lemonade, hot food options, and dessert.

#### **Snacks**

Some groups choose to have an evening ice cream social. If you wish to include this in your stay, please contact your Camp Host. *Snacks/Ice Cream Socials are an additional charge of* \$1 per guest.

#### **Lodging Spaces**

YMCA Camp Willson offers a variety of lodging accommodations to meet your group's specific needs. We can accommodate 364 overnight guests in our all-season, bunk-style cabins within three one-of-a-kind villages. Your assigned cabins will be determined by your Host and are subject to change based on the needs of your group and other groups that may be sharing camp during your stay. For this reason, please only plan on using the cabins assigned to your group.

#### **Back Cabins**

Back Cabins are six buildings housing two cabins each. Cabins share a porch, and a door inside the cabin connects them. Each side can lock this door.

Back Cabins house 14 people and have bathroom/ shower facilities connected to the cabin. These cabins have A/C and heat abilities.



#### **Main Cabins**

The Main Cabins are 13 buildings located the closest to Pettegrew Dining Hall. Each cabin houses 12 people. These cabins do not have bathrooms/ showers connected but are a short walk from our shower houses and bathrooms. These cabins have A/C and heat abilities.

#### **Ranch Cabins**

Ranch Cabins are located near our Equestrian Center. These three cabins house 36 people and are a short walk from our Chuck Wagon meeting space. They have connected bathrooms and shower facilities.



# **Meeting Spaces**

YMCA Camp Willson offers a variety of meeting locations to meet your group's specific needs. Common meeting spaces can be reserved based on your group's needs, size and availability. Room set-up and audiovisual equipment options may be requested in advance: Portable Sound System, Microphone with stand, Projection Screen, LCD Projector, and TV are available, but supplies are limited.

#### **Pettegrew Dining Hall**

The heart of Camp Willson! As you drive into Camp, your first stop will be our Camp Offices beside Pettigrew Hall. Our dining hall has a seating capacity of 300 people (usually 10-12 people per table).

#### **Conference Center**

Our Conference Center is a year-round multi-purpose building with three meeting rooms and a restroom. The upper level (35' x 70') has an indoor fireplace, restrooms, a kitchenette and a PA system. It can seat up to 200 people. The lower level has two classroom meeting spaces.

#### **Nature Center**

Our nature center is home to many of our Outdoor Education classes. Many of our reptiles and amphibians call this building their home. This building has two small meeting spaces that fit around 12 people comfortably.

#### **Chuck Wagon**

Located adjacent to our Equestrian Center, the Chuck Wagon has a kitchenette, bathroom and shower facilities for Ranch cabins and a meeting space for up to 25 people.







# **Programmed Activities**

YMCA Camp Willson offers a variety of recreational opportunities for your group to engage in during their stay. Programmed activities require a trained YMCA Camp Willson staff member to lead. Participation in these unique programmed activities must be arranged before arrival and requires an Activity Release Waver by all participants. Some activities have age, group size and time limitations.

#### Archery

Whether they are picking up a bow for the first time or are modern-day Robin Hoods, groups of all ages enjoy aiming for the bull's eye at our archery range.

#### Minimum age: 6

#### **Riflery**

Under the guidance of our experienced instructors, participants will learn the fundamentals of marksmanship, firearm safety, and responsible shooting practices. Equipped with precision BB guns, targets and safety gear, participants can aim and improve their accuracy. Our designated shooting range provides a controlled, secure setting for this engaging and educational activity.

#### Minimum age: 6

#### Tie Dye

Our Arts and Crafts room is available to make your most groovy tie-dyed item. Guests must provide their own 100% cotton clothing for this activity. The room can also be reserved for group-led art programs.

#### **Nature Discovery**

The camp staff can lead your group in activities designed to heighten your awareness of the natural world. Nature games, guided hikes, or curriculum-based outdoor education may be included in your retreat or outdoor school program.

#### Max. people per staff: 12

#### **Games/Initiatives**

Large and small groups enjoy fun, fast-paced games and team-building initiatives. Camp staff will create a program using props and ingenuity to entertain and engage groups of all ages.

#### Max people per staff: 12

#### **Boating**

Experience the thrill of boating at YMCA Camp Willson, where adventure meets safety. Our dedicated lifeguards will ensure your water activities are exciting and secure. Whether you're a seasoned boater or a first-timer, our priority is your safety, so all guests must wear Personal Flotation Devices (PFDs) while on the water, regardless of age or swimming ability.

#### Max people per lifeguard: 25

*An adult must accompany any guest under 6 years old. There is a charge of \$50 per hour to cover lifeguards.* 

#### **Evening Campfires**

Gather at one of our campfire areas with camp staff as your emcees for an interactive evening of songs and skits. Campfire amphitheaters feature bench seating, a lighted stage and plenty of firewood. You may reserve these areas for group-led programs.

#### Limited only by seating capacity.

## High Ropes/ Giant Swing/ Zipline

Choose your challenge level on these high-challenge course elements as an exhilarating addition to your retreat. These activities require closed-toe shoes and two camp staff each to facilitate.

#### Max. people per 1-hour session: 20

Minimum age: 11 for Zipline and High Ropes

An additional \$15 per person charge is added for Zipline and High Ropes to cover the cost of higher-level trained staff.

#### **Outdoor Skills**

Learn the basics of fire building, orienteering, shelter building and knot tying, or enjoy a guided nature hike with our staff. You may reserve areas for group-led outdoor education programs.

#### Max. people per staff: 12

# **Recreational Activities**

Recreational Activities are activities offered at YMCA Camp Willson that groups and individuals can participate in at their leisure. They do not require a camp staff member to lead and are free to enjoy. Participant age, group size and time limitations may apply.

#### **Fishing**

Bring your poles and enjoy the scenic serenity of Lake Mac-o-Chee.

#### **Sports Complex**

Our sports complex area offers opportunities to play fan favorites like basketball, tennis, soccer, kickball, softball, baseball, and street hockey.

#### Hiking

Are you in the mood for a short stroll or a long hike? There are miles of trails on camp to explore!

#### Gaga Ball

Give this a try! It's like dodgeball, but the ball stays low and is played in a pit.

#### 9-Square

Think classic 4 square but played in the air with nine squares.

# Information

# **Arrival Guidelines**

- 1. Parking is limited and permitted only in designated areas. We strongly encourage carpooling or mass transit for large groups. Please use the camp entrance with the big sign and meet our staff to transfer heatable luggage to the lower lot. Guests with limited mobility or heavy equipment to unload must make prior arrangements with your camp contact before arriving at camp.
- 2. Once you have dropped off your heatable luggage, you may drive to your cabin to drop off the rest of your belongings. Once you have emptied your vehicle, please drive to the lower or upper parking lot for the remainder of your stay.

# **Departure Guidelines**

- 1. Before departing camp, the group leader will ensure that all cabins and other facilities used are cleaned according to the Clean up Checklist posted in each building unless you've made other arrangements in advance with your camp contact. Checklists include:
  - a. Remove all personal/group items before cleaning begins.
  - b. Remove litter and lost & found from bathrooms, under mattresses/bunks and other facilities.
  - c. Take all mattresses off the beds and place them in the middle of the cabin.
  - d. Group signs, tape, pins, etc., not supplied by the camp, are removed from cabins and meeting spaces.
  - e. Tables and chairs used in meeting spaces and cabins are returned to their original location and properly stowed.
  - f. Floors in cabins and meeting spaces are swept and vacuumed.
  - g. Tie all trash bags and place them on the cabin porch.
  - h. Check for litter outside of cabins and around meeting spaces.
  - i. Turn off lights, and close doors and windows.
  - j. Any campfires still burning are put out and cool to touch.
  - k. Let your camp host know if anything needs to be fixed or missing from the cabins and other facilities.
- 2. The group leader is responsible for arranging a time with a camp host to view facilities used by the group before departure.
- 3. The group leader must check out with a camp host to confirm the final numbers and make arrangements for the final payment.
- 4. Please set aside a few minutes for your group to fill out our evaluation forms, which are located via the QR code on your cabin welcome sign. They are a valuable tool for improving our retreat facilities and services.

## What to Bring to Camp

**Clothing:** When packing, please remember that camp can be harsh on non-durable clothing and that Ohio weather can be unpredictable. Active footwear is your best bet for walking. We require closed-toed shoes for all climbing tower and challenge course activities. We recommend packing warm clothes with a hat and gloves for outdoor comfort in the late fall, winter, and early spring. In the drier, early fall and late spring months, t-shirts and shorts are preferred by most.

**Bedding/Towels**: All the bunks have comfy mattresses, but you must bring your own bedding. Sleeping bags and pillows are an easy favorite when camping, but a fitted twin sheet, blanket, and pillow work well, too. Also, pack a towel and washcloth.

**Other Equipment**: If you plan on being a clean camper, don't forget your toiletries: shampoo, soap, deodorant, toothbrush and paste, comb, etc. Other optional items to bring are a flashlight, water bottle, money to spend for the Camp Store, a camera, or a non-electric instrument to play around the campfire.

Do not bring weapons or expensive, valuable items, as YMCA Camp Willson is not responsible for lost, stolen or damaged personal or group property.

# **Emergency Information**

While all YMCA Camp Willson staff members are certified in basic life-saving skills, YMCA Camp Willson will not assume primary responsibility for medical care, first aid, or medical transportation of group users. The group leader or a qualified designee will take responsibility for providing adequate medical care, first aid, and emergency transportation to any afflicted group member(s). Groups are also responsible for providing all first aid supplies and equipment.

The Group Leader must be responsible for responding to emergencies and always remain on-site. The Camp's AEDs are in the dining hall.

We require the Group Leader to collect, in writing, the following about all guests:

- Names, ages, addresses and emergency contact information for all participants.
- A list of any persons with known allergies (i.e., food or bee stings) or other health conditions requiring treatment, activity restriction, or other accommodation while at YMCA Camp Willson
- For minors without a parent on site, a signed permission form to seek emergency treatment (or a signed religious waiver).
- A signed waiver

A sample health form is available at the end of this document to assist with collecting the above information. All medicines (OTC and prescription) must be kept under lock during the group's stay and be accessible only by a responsible adult. The Group Leader must notify parents and other family members if a minor is injured or ill. The Group leader must notify the Camp Host as quickly as possible in the event of serious injury or illness.

# **Camp Terms of Group Rental**

Camp policies are designed to protect the health and safety of all camp community participants and are derived, in part, from the American Camp Association (ACA) standards. Not adhering to camp rules and guidelines could result in financial penalties or dismissal from the camp grounds without a refund. All group members must agree to follow YMCA Camp Willson's written and oral policies.

### **Facilities and Grounds**

- 1. Please respect the environment. Leave natural objects where you find them so that all may enjoy them. Do not feed the wildlife, and keep a respectable distance. Stay on designated trails and outside the fenced areas.
- 2. Dispose of refuse properly. Ensure all garbage finds its way to a receptacle.
- 3. Please conserve resources. Close doors and windows when the heat/AC is on; this helps keep out bugs and rodents. Turn off lights and fans when leaving.
- 4. Parking is limited and permitted only in designated areas. We strongly encourage carpooling or mass transit. Personal vehicles are not allowed near cabins permanently.
- 5. Open flames, such as candles, are not permitted indoors. Outdoor open flames must be in a site-approved fire pit. Designated campfire areas may be reserved at no additional cost.
- 6. All guests must observe quiet hours from 10:00 p.m. to 7:00 a.m. to respect other onsite guests and staff.
- 7. Groups are responsible for cleaning cabins and meeting spaces unless they make other arrangements with your camp Host. Group leaders are responsible for arranging a time with camp staff to view facilities before departure. Group cleaning responsibilities not performed may be subject to a cleaning fee.
- 8. Groups assume financial responsibility for any damages incurred due to actions by any member(s) of the group. We will bill your group for damage to camp property and facilities.
- 9. We do not tolerate graffiti; we will bill your group for damage to camp property and facilities.
- 10. YMCA Camp Willson is not responsible for items lost, stolen or damaged during guests' stay in camp. Unclaimed items are kept for 30 days and then donated to local charities.
- 11. Smoking and use of other tobacco products are not permitted indoors. Adults are allowed only in one designated outdoor area.
- 12. Groups must adhere to and not violate any city, country, state, or federal law in or about the said premises.
- 13. We do not permit pets at the camp. Service animals are an exception, and groups must appropriately identify them. Please notify your camp Host if a working animal will be at camp.
- 14. For your safety, the following areas are off limits when not under the direct supervision of YMCA Camp Willson staff unless groups make other arrangements with your camp host: Challenge Course, Archery Range, Riflery Range, Horse Corral, Arts and Crafts room. Please only enter the kitchen in Pettegrew Dining Hall with permission from the Food Services Director or other camp staff.
- 15. Groups must notify their Camp Host of any accidents requiring medical attention, incidents requiring follow-up or accidents regarding camp safety that were not attended to by a Camp Willson staff member. Please write down the specifics of the accident/incident and then meet with our staff to fill out a detailed report.

#### **Equipment and Other Terms**

- 1. The camp does not provide bed linens, sleeping bags, pillows and towels.
- 2. The group is responsible for any aspect of your group's event or use of camp property not explicitly identified in the Rental Agreement, including programming.
- 3. No exclusive use of the camp is implied unless specified in the contract. Other groups may be in camp during your stay, and we will make every effort to accommodate compatible groups. We expect all guests at camp to respect the privacy of others by only entering lodging and meeting spaces reserved for their group.
- 4. Camp reserves the right to change cabin and/or meeting space assignments due to scheduling and/or maintenance.
- 5. YMCA Camp Willson reserves the right to evict unruly visitors or entire groups without refunds. Groups must obey all local, state and federal laws while at camp.

#### **Fire Safety**

- 1. Groups must only build campfires in assigned fire pits. Fire pits are pre-constructed and available near all cabins.
- 2. Campfires should ONLY contain wood from local sources. Do not dispose of bottles, cans, or trash in a fire pit.
- 3. Groups must tend to campfires at all times.
- 4. Guests should always have a water source on hand to extinguish flames.
- 5. Groups must put out campfires before going to bed and before leaving the fire pit for any reason. DO NOT leave campfires unattended.
- 6. All campfires, including coals and open flames, must be completely extinguished when guests depart from Camp Willson.

#### **Fire Wood**

YMCA Camp Willson can provide small groups with firewood. If your group plans on having campfires at multiple fire pits over several nights or large closing ceremony campfires, please contact our local firewood provider, Browns Lawn & Tree Service, at 937-599-5296.

#### YMCA Camp Willson Equine (Horseback Riding) Activity Waiver/Release

**Required for all Trail Ride participants.** If both parent and child are riding, check both boxes below.

□ I, \_\_\_\_\_\_ (adult or parent/guardian), am 18 years of age or older and wish to ride horses.

□ I am the parent, guardian, custodian or other legal representative of \_\_\_\_\_\_, a minor, age \_\_\_\_\_ who wishes to ride horses.

I acknowledge that YMCA Camp Willson is sponsoring equine activities (riding or otherwise handling horses, ponies, mules or donkeys, whether from the ground or mounted), at YMCA Camp Willson in which  $\Box$  I wish; and/or  $\Box$  I wish (child's name) to participate. I recognize and acknowledge that my participation in such activities and any other activities which may include equine activities involves the possibility of inherent risks including, but not limited to:

The propensity of an equine to behave in ways that may result in injury, death, or loss to persons on or around the equine; The unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, persons, or other animals; Hazards, including, but not limited to, surface or subsurface conditions;

A collision with another equine, another animal, a person, or an object;

The potential of an equine activity participant to act in a negligent manner that may contribute to injury, death, or loss to the person of the participant or to other persons, including, but not limited to, failing to maintain control over an equine or failure to act within the ability of the participant.

With full knowledge of the above and any other inherent risks which may be associated with equine activities, I hereby consent to my participation in the above described activities and waive any and all claims for tort or civil actions of any kind which I or my heirs, personal representatives and next of kin may have or which may arise against YMCA Camp Willson as a result of my participation in such equine activities. On behalf of myself, my heirs, personal representatives and next of kin, I hereby release and discharge YMCA Camp Willson, its successors, assigns, affiliates, directors, officers, employees, and agents from any and all liabilities, claims, lawsuits, losses, costs, causes of action and damages of any kind originating or in any way arising from, my participation in such equine activities.

Without limitation or obligation, any and all media, including photographs, film footage, or tape recordings, which may include my image or voice for purposes of art, advertising, education, or promotion, or for any other purpose consistent with the YMCA Mission, and release the YMCA from any claim or liability to that use. The images become the exclusive property of the YMCA. I waive all rights to inspect and/or approve any text that may be used in conjunction with the media and the use to which it may be applied.

I understand this Waiver and Release shall be valid for one year from the date below my signature unless revoked in writing by me by notice to: YMCA Camp Willson, 2732 County Road 11, Bellefontaine, OH 43311-9382

I hereby declare that the terms of this waiver and release have been completely read, are fully understood and are voluntarily accepted for the purposes of my participation in the activities described herein.

Printed Name of Rider	(Printed Parent Name if applicable)	Today's Date	
Parent or adult participant signature (must be signed in ink)		Address	

#### Challenge Course Facility Assumption of Risk and Release of Liability (Zip Line & Giant Swing)

I understand that my / my child's participation in programs offered by YMCA Camp Willson is based on the "Challenge by Choice" philosophy. I recognize that the program is designed to use engaging, teaching techniques, but that my participation is purely voluntary. At all times I/my child will choose my level of participation in any activity.

I understand that climbing, high ropes course, ground initiatives, and other activities in the program for which I/my child have enrolled, entails certain risks. Those risks can include increased heart rate, blood pressure, strained or sprained muscles, fractured bones, partial or complete paralysis, heart attacks, psychological injury, death, or any possibility of other serious injuries. I elect to participate/have my child participate in spite of these risks.

Therefore, for myself / my child, I knowingly and voluntarily assume all risks involved in my /his/her participation and do hereby release YMCA of Central Ohio, Camp Willson and its members, trustees, officers, employees, independent contractors and agents from any and all liability, damages, costs, and expenses arising out of or relating to bodily or psychological injury, loss of life or personal property that may occur as a result of participating in this program, regardless of the cause.

Should I/my child be injured during this training, I hereby authorize any medical care that is deemed in my best interest.

I furthermore agree to follow the YMCA's safety and facilitation techniques as taught and illustrated during the facilitation training in which I am a participant. I understand that if I vary from these techniques that I may be liable in the event of injury, physical, emotional or otherwise. This portion of the agreement shall be in effect from this day forward.

My child and/or I have read, understand and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon the parties during the entire period of participation in the said program. I have informed YMCA Camp Willson trainers in writing on the reverse of this form of any relevant medical conditions that could affect my participation in this program. I am signing this form of my own free will and I am not under duress to sign this form.

Signature of Participant (required)	Date	Age	Printed Name of Participant	
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# Health History for Schools, Groups and Adults at YMCA Camp Willson

Must be completed in blue or black ink. Do not fax this form. Return to campwillson@ymcacolumbus.org

Last Name, First Name		Group/Section		
Today's Date Grou	p/School Name	Dates attending		, 20
Participant's Name Last First Initial		Gender □ M	ale □ Female □ Other	
Home Address				
City State Zip	Code	_ Age at camp	Birth date	
1st Emergency Contact's Name	Home Phone	Work Phone	Mobile Ph	one
2nd Emergency Contact's Name	Home Phone	Work Phone	Mobile Ph	one
If Emergency Contacts cannot be reac	hed, notify		Relationship	
Primary Phone	Sec	condary Phone		
General Health History Explain "Ye				
□ Y □ N Ear Infections? Frequency	□ Y □ N Skin Problems?		Seizures?	
□ Y □ N Recurrent/ chronic illnesses?	□ Y □ N Diabetes?		Asthma? 🗆 Inhaler? 🗖 No	ebulizer?
□ Y □ N Problems with Diarrhea/constipation	? □ Y □ N Sleepwalking/sle	ep concerns? □ Y □ N	Ever hospitalized? When/	′Why?
□ Y □ N Recent injury?	□ Y □ N Bed Wetting?		Headaches/Migraines? Fr	equency
□ Y □ N Fears/ Phobias?	□ Y □ N Had surgery? Ty	pe & Date		
□ Y □ N Recent infectious disease?	□ Y □ N Any current hea	Ith conditions?		
Medications: List the name, dosage,		□ Tak	kes no medication on a	regular basis
Health Insurance: Insurance Company		ID #	Group #	
Insurance Co. Phone # Ins.	Coverage Subscriber Name	(Policy Holder)	DOB Policy Hold	der
Company address for Claims:				
I have reviewed the program and a	activities of the camp	and feel the partic	ipant can participat	е.
I, Self; p	-		-	•
<ol> <li>Without limitation or obligation, any and all child's image or voice for purposes of art, adver release the camp from any claim or liability to and/or approve any text that may be used in a 2. Agree to hold harmless the YMCA, its' agen undersigned is a participant at a YMCA-sponse 3. Give permission for the YMCA to transport to</li> </ol>	ertising, education, or promot that use. The images become conjunction with the media an ts, and employees for all clain red activity on or off the YMC	ion, or for any other put the exclusive property d the use to which it mans alleging bodily injury	rpose consistent with the Y of the YMCA. I waive all ri ay be applied.	MCA mission, and ghts to inspect
4. Give permission, as necessary, to search a		the health, well-being o	or safety of the participant	or others require it.
<b>Permission to Provide Necessary T</b> health status of the participant to whom it per by me and/or an examining physician. I give p related to the health of my child for both routi	tains. The person described h permission to the physician se ne health care and in emerge	as permission to participlected by the camp to on ncy situations.	pate in all camp activities e rder x-rays, routine tests,	except as noted and treatment
If I cannot be reached in an emergency, I give anesthesia, or surgery for me/this child. I und I give permission to photocopy this form. In a who treat me/my child and these providers ma	erstand the information on th ddition, the camp has permise	is form will be shared or sion to obtain a copy of	n a "need to know" basis w my/my child's health recor	ith camp staff.
Legal Representative Signature (signed in □ I am the Participant □ Parent/Guardiar		notarizing)	Date	2
Optional: Witness/Notary Public Signature				

Sworn before me and subscribed in my presence this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_. My comission expires \_\_\_\_\_

